

Introducing our new peer support officer

Hello! My name is Clare and I'm the new carer peer support officer at Lifely.

At home I care for an autistic child so I have an understanding of how challenging it can be to add caring on top of the roles that you already have.

I've been working with Lifely for nearly two years as an NDIS support coordinator and therefore have personal and professional experience with the carer role.

In my role, I will be meeting with carers to listen to their needs and help link them with services for themselves.

Often as carers, the focus is on the person they are caring for and carers

don't have the time or energy to find out which services they can utilise for themselves.

In addition to this, if a carer is interested in spending more time in the community - which may include aspirations of work, study or volunteering, my role can support them with the process.

If you would like to get in contact, please email me at clare.dullard@lifely.org.au or phone 0419 538 878.

My work days are Monday, Tuesday and Thursday from 8am to 3pm.

Take a peek into a day in the life and work of our new Peer Support Officer, Clare Dullard.

Want to return to work, study or volunteering? Need help to find carer support services? We can help!

